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### **KENDAL GUNNER**

**VDI Design Guide** McGraw-Hill Education (UK)

Discover Fiji with the most incisive and entertaining guidebook on the market. Whether you plan to trek through the forests and highlands of Viti Levu, kick-back on the idyllic Mamanucas and Yasawa Islands or snorkel and dive some of the world's best reefs, The Rough Guide to Fiji will show you the ideal places to sleep, eat, drink and shop along the way. Inside The Rough Guide to Fiji - Independent, trusted reviews written in Rough Guides' trademark blend of humour, honesty and insight, to help you get the most out of your visit, with options to suit every budget. - Full-colour maps throughout - navigate the backstreets of Fiji's lively capital, Suva or the popular tourist hangout of Nadi without needing to get online. - Stunning, inspirational images - Itineraries - carefully planned routes to help you organize your trip. - Detailed regional coverage - whether off the beaten track or in more mainstream tourist destinations, this travel guide has in-depth practical advice for every step of the way. Areas covered: Nadi; Suva; Labasa; Vita Levu; the Mamanucas and Yasawa islands; Kaduva; Vanua Levu; Taveuni; Lomaiviti and the Lau islands.

Attractions include: the colonial town of Levuka; snorkelling and diving on the Astrolabe Reef; bird-watching in Bouma National Heritage Park; whitewater rafting in the Namosi Highlands; tribal artefacts at the the Fiji Museum; village homestays in the Yasawas islands; small-ship cruising round the remote Southern Lau islands; shark diving off Beqa island. - Basics - essential pre-departure practical information including getting there, local transport, accommodation, food and drink, health, the media, festivals, sports and outdoor activities, culture and etiquette, shopping and more. - Background information - a Contexts chapter devoted to history, religion, peoples, environment, wildlife and books, plus a handy language section and glossary. Make the Most of Your Time on Earth with the Rough Guide to Fiji

*When the Clock Runs Out* AuthorHouse

"THE THREE POISONS" is a guide to using Buddhist principles to resolve the conflicts (both internal and inter-personal) in your life. It outlines how conflict is viewed from the perspective of Buddhist psychology, how the Buddha himself resolved the conflicts in his life, and provides the reader with tools and techniques to convert the poisons of anger, greed and delusion as they show up in various conflict situations into loving-kindness, compassion, and tranquillity.

*A Guide to the Theory and Practice of Ethnography* Rough Guides UK

"It is rare for any research methodology book to cover so much ground, and contain so many different kinds of resources between two covers." Journal of Education for Teaching "As a guide for new and inexperienced researchers, it is second to none." British Journal of Educational Studies Doing Early Childhood Research demystifies the research process. An international team of experienced researchers shows how to select methods which are appropriate for working with young children in early childhood settings or at home. They provide a thorough introduction to the most common research methods used in the early childhood context. Reflecting the multidisciplinary nature of much early childhood research, they cover a wide range of conventional and newer methods including observation, small surveys, interviews with adults and children, action research, ethnography and quasi-experimental approaches. They explain clearly how to set up research projects which are theoretically grounded, well-designed, rigorously analysed, feasible and ethically based. Each chapter is illustrated with examples. Widely used by early childhood researchers in many countries, this second edition of Doing Early Childhood Research has been fully revised. It includes new chapters on beginning research, mixed methods research,

interviewing children, and working with Indigenous children, and also new case study chapters. It is essential reading for novice, initial career and experienced researchers. Contributors Maria Assunção Folque, Sue Atkinson-Lopez, Mindy Blaise, Liane Brow, Margaret Coady, Audrey D'Souza Juma, Anne Edwards, Sue Emmett, Susan Grieshaber, Linda Harrison, Alan Hayes, Patrick Hughes, Glenda Mac Naughton, Karen Martin, Sharne A. Rolfe, Iram Siraj-Blatchford, John Siraj-Blatchford, Louise Taylor, Teresa Vasconcelos

*Venice* Penguin

Reflecting on Montaigne, Virginia Woolf remarked, "The most common actions—a walk, a talk, solitude in one's own orchard—can be enhanced and lit up by the association of the mind." In *Quotidiana*, Patrick Madden illuminates these common actions and seemingly commonplace moments, making connections that revise and reconfigure the overlooked and underappreciated. *Daily Discoveries for APRIL (ENHANCED eBook)* SAGE

Despite being a relatively straightforward clinical diagnosis, recognition of hidradenitis suppurativa (HS) is highly variable, and clinical management is challenging and complex. Written by the world's leading experts in HS, *A Comprehensive Guide to Hidradenitis Suppurativa* brings together up-to-date scientific evidence on the diagnosis, patho-mechanisms, comorbidities, and multi-faceted medical and surgical interventions for this debilitating condition—in one convenient reference. Covers every aspect of this complex skin disorder: etiology, pathophysiology, epidemiology, medical, alternative therapies, a range of surgical options, laser treatments, and comorbidities. Discusses specific patient populations such as children, women of childbearing potential, and pregnant and breastfeeding women. Because HS has higher prevalence in people of skin of color, this patient population is well-documented in the text. Offers insights into multi-disciplinary care, patient support and education, patients at risk for rapid disease progression, and clinical and translational research. Features procedural videos covering laser therapies, de-roofing procedures, excisions and closure techniques, cryoinsufflation techniques, and special wound care material selection and techniques. Includes recent FDA-approved drugs as well as those drugs and therapies that show future promise. Identifies evidence gaps that provide a springboard to the future innovations in HS care to come. Edited and authored by global experts who have co-authored 2019 U.S. and Canadian guidelines on hidradenitis suppurativa.

**Born, Not Raised** Madden NFL Mobile Game Guide

Is this finally the year of the Virtual Desktop Infrastructure (VDI)? There doesn't seem to be a straight answer to that question. A VDI can be designed to work perfectly in your environment, but could also be a big pain in the butt. This guide will help you design a VMware Horizon VDI, based on the VMware Certified Design Expert (VCDX) methodology. It will help you understand what steps need to be taken to bring a project to a successful result. It contains examples of real-world design projects, requirements & constraints which will help you make the right decision in a great variety of scenarios. As sizing does matter, you will also be guided through the complete sizing process. Other topics that will be covered: Windows 10, multi-site architectures, NSX, vSAN, profile strategies, application delivery strategies, assessments, monitoring, security, GPUs, and remote protocols.

**Blended Learning in Practice** Lorenz Educational Press

API Security in Action teaches you how to create secure APIs for any situation. By following this hands-on guide you'll build a social network API while mastering techniques for flexible multi-user security, cloud key management, and lightweight cryptography. Summary A web API is an efficient way to communicate with an application or service. However, this convenience opens your systems to new security risks. API Security in Action gives you the skills to build strong, safe APIs you can confidently expose to the world. Inside, you'll learn to construct secure and scalable REST APIs, deliver machine-to-machine interaction in a microservices architecture, and provide protection in resource-constrained IoT (Internet of Things) environments. Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. About the technology APIs control data sharing in every service, server, data store, and web client. Modern data-centric designs—including microservices and cloud-native applications—demand a comprehensive, multi-layered approach to security for both private and public-facing APIs. About the book API Security in Action teaches you how to create secure APIs for any situation. By following this hands-on guide you'll build a social network API while mastering techniques for flexible multi-user security, cloud key management, and lightweight cryptography. When you're done, you'll be able to create APIs that stand up to complex threat models and hostile environments. What's inside Authentication Authorization Audit logging Rate limiting Encryption

About the reader For developers with experience building RESTful APIs. Examples are in Java.

About the author Neil Madden has in-depth knowledge of applied cryptography, application security, and current API security technologies. He holds a Ph.D. in Computer Science. Table of Contents PART 1 - FOUNDATIONS 1 What is API security? 2 Secure API development 3 Securing the Natter API PART 2 - TOKEN-BASED AUTHENTICATION 4 Session cookie authentication 5 Modern token-based authentication 6 Self-contained tokens and JWTs PART 3 - AUTHORIZATION 7 OAuth2 and OpenID Connect 8 Identity-based access control 9 Capability-based security and macaroons PART 4 - MICROSERVICE APIS IN KUBERNETES 10 Microservice APIs in Kubernetes 11 Securing service-to-service APIs PART 5 - APIS FOR THE INTERNET OF THINGS 12 Securing IoT communications 13 Securing IoT APIs

*The Plant-Based Cookbook* Penguin

The Rough Guide to Ireland Make the most of your time on Earth with the ultimate travel guides.

Discover Ireland with this comprehensive and entertaining travel guide, packed with practical information and honest recommendations by our independent experts. Whether you plan to drive the scenic Wild Atlantic Way, explore the delights of Dublin's architecture and dance along to traditional Irish music in one of the plethora of pubs in the country, Rough Guide Ireland will help you discover the best places to explore, eat, drink, shop and sleep along the way. Features of this travel guide to Ireland: - Detailed regional coverage: provides practical information for every kind of trip, from off-the-beaten-track adventures to chilled-out breaks in popular tourist areas - Honest and independent reviews: written with Rough Guides' trademark blend of humour, honesty and expertise, our writers will help you make the most from your trip to Ireland - Meticulous mapping: practical full-colour maps, with clearly numbered, colour-coded keys. Find your way around Dublin, Belfast and many more locations without needing to get online - Fabulous full-colour photography: features inspirational colour photography, including the historic campus of Trinity College and Glendalough Scenic Park - Time-saving itineraries: carefully planned routes will help inspire and inform your on-the-road experiences - Things not to miss: Rough Guides' rundown of the best sights and top experiences to be found in Cork, Kerry and Sligo - Travel tips and info: packed with essential pre-departure information including getting around, accommodation, food and drink, health, the media, festivals, sports and outdoor activities, culture and etiquette, shopping and more - Background information: comprehensive 'Contexts' chapter provides fascinating insights into Ireland with coverage of history, religion, ethnic groups, environment, wildlife and books, plus a handy language section and glossary - Covers: Dublin; Around Dublin: Wicklow, Kildare and Meath, Louth, Monaghan and Cavan, The Midlands: Westmeath, Longford, Offaly and Laois, Kilkenny, Carlow and Wexford, Waterford and Tipperary, Cork, Kerry, Limerick and Clare, Galway and Mayo, Sligo, Leitrim and Roscommon, Donegal, Belfast, Antrim and Derry, Down and Armagh, Tyrone and Fermanagh You may also be interested in: Rough Guide to Scotland About Rough Guides: Rough Guides have been inspiring travellers for over 35 years, with over 30 million copies sold globally. Synonymous with practical travel tips, quality writing and a trustworthy 'tell it like it is' ethos, the Rough Guides list includes more than 260 travel guides to 120+ destinations, gift-books and phrasebooks.

*Thematic Learning Activities for Every Day* Triumph Books (IL)

Livy Two has always dreamed of becoming a singer, and her decision to run off to Nashville's Music Row is made with confidence?she figures the money she'll bring home will buy the family's house as well as forgiveness for running away. The Nashville adventure is a disaster, though; even her cherished guitar is stolen. Livy Two takes her failure hard, but finds comfort in the girlhood diary of her mother, Jessie. Outraged to discover that young Jessie had dreams now long-forgotten, Livy Two puts the whole family to work and makes Mama's ultimate dream come true. Jessie's Mountain concludes the captivating three-book saga of Livy Two and her mountain family, the Weems of Maggie Valley, North Carolina.

**How to Become a Better Referee and Umpire** Createspace Independent Publishing Platform

If you liked the other books in the Daily Discoveries series, you'll love this one, too! It's filled with special days to celebrate in the classroom throughout the month of April. Special days include: Under the Big Top Day, Castle Creations Day, Paul Revere Day, Train Day, Newspaper Day and 25 more. Use the activities to spice up regular curriculum: language arts, social studies, writing, math, science and health, music and drama, physical fitness, art, etc. Included are reproducible patterns for writing assignments and art projects, lists of correlated books and bulletin board ideas.

**99 Ways to Tell a Story** Routledge

It's not your calls, it's YOUR Communication! Most referee and umpire training materials stink.

They spend so much time focused on rules and signals, they miss the simple communication ideas that will help you survive those scary first few games, and become a better sports league official. What do you do when a decision is 100% correct call, and everyone hates it? How do you handle conflict and confusion? What brain instincts and habits make it harder to become a great referee? Shawn D. Madden, founder of Underdog Sports Leagues, takes 20 years of experience training recreational refs, and teaches communication for any sport or program with 5 Key Communication Habits. Loving sports is never enough. You need a communication system to get you through the tough calls, and the hard games, that sink so many new refs. Do you train and teach other refs and umpers? Are you constantly short refs for your program? Do new umpers quit on you after their first tough game? The Social Ref Program is ideal for new referees and umpires in College Intramural Leagues, Charity Tournaments, Parks and Rec, Youth Leagues, and Adult Sport and Social Clubs like Underdog. Whether it's Flag Football, Softball, Little League Baseball, Basketball, or even Kickball and Dodgeball, this guide will help you become a better official and communicator for your league and teams, and just maybe in your life!

**Madden NFL 17 Unofficial Game Guide** Createspace Independent Publishing Platform

A fully illustrated guide to Deborah Harkness's #1 New York Times bestselling All Souls trilogy—"an irresistible . . . wonderfully imaginative grown-up fantasy" (People). Look for the hit TV series "A Discovery of Witches," streaming on AMC Plus, Sundance Now and Shudder. A Discovery of Witches introduced Diana Bishop, Oxford scholar and reluctant witch, and vampire geneticist Matthew Clairmont. Shadow of Night and The Book of Lifecarried Deborah Harkness's series to its spellbinding conclusion. In *The World of All Souls*, Harkness shares the rich sources of inspiration behind her bewitching novels. She draws together synopses, character bios, maps, recipes, and even the science behind creatures, magic, and alchemy—all with her signature historian's touch. Bursting with fascinating facts and dazzling artwork, this essential handbook is a must-have for longtime fans and eager newcomers alike.

*Jessie's Mountain* Simon and Schuster

\*UNOFFICIAL GUIDE\* Advanced Tips & Strategy Guide. This is the most comprehensive and only detailed guide you will find online. Available for instant download on your mobile phone, eBook device, or in paperback form. With the success of my hundreds of other written guides and strategies I have written another advanced professional guide for new and veteran players. This gives specific strategies and tips on how to progress in the game, beat your opponents, acquire more coins and currency, plus much more! - Professional Tips and Strategies. - Cheats and Hacks. - Secrets, Tips, Cheats, Unlockables, and Tricks Used By Pro Players! - How to Get Tons of Cash/Coins. - PLUS MUCH MORE! All versions of this guide have screenshots to help you better understand the game. There is no other guide that is as comprehensive and advanced as this one. Disclaimer: This product is not associated, affiliated, endorsed, certified, or sponsored by the Original Copyright Owner.

**Being Ethnographic** MIT Press

Jameis1of1 has written a game-changing book that the main stream sports media may hate but NFL fans will love! - Jacquez Green: Former NFL WR and University of Florida Football Hall of Famer Author Jameis1of1 has written the definitive book on Jameis Winston! He also compares the statistics of every single modern era Hall of Fame quarterback to Winston as well as to each other, all while adjusting for era to eliminate even the appearance of bias. Jameis Winston Derangement Syndrome is an NFL stat-geek's dream, a biased media member's nightmare and belongs in every Buccaneers fan's library! - Ashlie Abrahams, Host: Talk The Plank Podcast \*\*\* More reviews follow below description \*\*\* Jameis Winston is one of the most controversial quarterbacks to ever play in the National Football League. The media spreads false narratives about him on a daily basis that lead even the most casual football fans to contract the disease known as Winston Derangement Syndrome. Nevertheless, Winston is: - The youngest Pro Bowl QB in NFL history - The only QB to start his career with back to back 4,000 yard passing seasons - #2 in NFL history in both career passing yards & passing touchdowns by age 25 - The only QB other than Brees to finish Top 5 in QBR on a losing team since 2015 - Top 3 in the entire NFL in many advanced metrics year in and year out and is undeniably on a Hall of Fame statistical pace even when adjusting for era! Yet biased main stream sports media members have called him a bust, said he should be cut, downplayed his achievements and even lied about his stats! In this book you will learn how and why the media spreads Winston Derangement Syndrome and will receive the cure for such a diabolical and contagious disease! This book is jam-packed with: - A mountain of statistics and advanced metrics with nearly 900 citations - Personal accounts of Jameis Winston from grade

school to the present - Original adjusted for era data on EVERY SB era Hall of Fame quarterback - Piercing yet humorous exposes of various main stream media members - Tons of info the biased main stream sports media refuses to report on \*\*\* BONUS: This book contains a mountainous amount of ORIGINAL, "era adjusted" statistical reasearch on every single Super Bowl era Hall of Fame, or soon to be Hall of Fame, quarterback, including: Tom Brady Joe Montana Peyton Manning Dan Marino Brett Favre John Elway Aaron Rodgers Drew Brees Roger Staubach Terry Bradshaw Troy Aikman Warren Moon Kurt Warner Steve Young Jim Kelly Dan Fouts Ken Stabler Bob Griese ... and more! There are some great reporters that cover the Buccaneers and some great statisticians that produce wonderful research, but no one covers Jameis Winston or produces the voluminous amount of statistical research regarding Jameis Winston, as Jameis1of1 does. Jameis Winston Derangement Syndrome is one book every Bucs fan should own! - Susan Gilbert: Board certified member of the Association of Medical Illustrators Jameis1of1 exposes the biased media and refutes fake news with a mountain of evidence in a fun book every NFL fan should own! - James Hill: Youtuber aka MrBucsNation Jameis Winston is one of the most misunderstood and polarizing athletes in the history of Tampa Bay sports. Winston's life is an incredible study in how negative, misinformed and inaccurate media coverage, race and collegiate allegiances have poisoned the local fan base. Jameis1of1 takes a hard look at comparative and even era adjusted stats that prove Jameis compares favorably to Super Bowl era Hall of Fame quarterbacks. When looked at objectively it's really quite obvious Winston's on a Hall of Fame pace. - JP Peterson: Award Winning Tampa Bay Sports Journalist and Fox Sports Sun Hos

*The Critical Heritage* Lulu Press, Inc

An essential resource for your health—if we are what we eat, let’s make every (delicious) bite count! This cookbook will no doubt transform your kitchen, bringing new plant-based, whole food ideas to the table and offering easy yet healthy recipe solutions for everything from celebratory meals to rushed weeknight dinners. Ashley Madden is a pharmacist turned plant-based chef, certified holistic nutritional consultant, and devoted health foodie. A diagnosis of multiple sclerosis changed her whole life and approach to food, eventually shaping a new food philosophy and inspiring this book. The Plant-Based Cookbook is especially helpful for those with dietary requirements or food allergies as all recipes are vegan, dairy-free, gluten-free, and oil-free without compromising on taste or relying on packaged and processed ingredients. All-natural recipes include: One-pot creamy pasta Vibrant nourish bowls Decadent no-bake cinnamon rolls A show-stopping cheese ball Life-changing carrot cake And so much more! Whether you consider yourself an amateur home cook or a Michelin Star chef, this collection of recipes will inspire you to turn whole foods into magical, mouthwatering meals and give you confidence to prepare plants in creative and health-supportive ways.

[How to Source a Contract Manufacturer](#) Greenleaf Book Group

\*Interested in purchasing Doing Your Research Project as a SmartBook? Visit <https://connect2.mheducation.com/join/?c=bellwaters7e> to register for access today\* Step-by-step advice on completing an outstanding research project. This is the market-leading book for anyone conducting a research project, whether for the first time or as an experienced researcher honing their skills. Clear, concise and readable, this bestselling resource provides a practical, step-by-step guide from initial concept to completion of your research report. Thoroughly updated but retaining its well-loved style, this seventh edition provides: • A brand new first chapter outlining what it means to carry out research, the responsibilities of the researcher, the research journey, and the 'intentional' and 'unintentional' roles of a researcher. • An extensive update to chapter nine on

using social media in research, to include ethical considerations and how the researcher can use and reference information collected via these platforms and create collaborative connections. • An online review of the latest tools for collecting and analysing both quantitative and qualitative data gathered from social media sites, such as Survey Monkey and Google Forms. • Further coverage on how to protect research participants, including advice from the NHS on how to conduct research in health-based settings. • More detailed coverage of how to conduct effective online literature searches, not only using Google but also other research-based search engines such as PubMed and professionally-focussed sites. • To support your learning, questions at the end of each chapter, which prompt you to reflect on your research journey. This practical, no-nonsense guide is vital reading for all those embarking on undergraduate or postgraduate study, irrespective of discipline, and for professionals in such fields as social science, education and health. 'The latest edition provides extensive coverage of all that a research student might need to know. The expanse of the topics covered enables this book to be indispensable to a great range of students, not only at different levels of study but also in a variety of disciplines. Bell and Waters present an honest and practical look at a daunting academic undertaking and provide the student with a resource that is currently has no parallel. This new edition brings the text up to date with a look at some of the more creative approaches the research project might take and challenges students to think before making research decisions.' Dr Susan Schutz PhD, MSc, RNT, RGN, Department of Nursing, Faculty of Health and Life Sciences, Oxford Brookes University, UK

[A Guide to Interprofessional Practice](#) Apa Publications (UK) Limited

This book is much more than just another student cookbook. It's a helpful resource to anyone, young and not so young, who is not confident in using and understanding basic cookery skills and processes. It contains an extensive range of simple tried and tested recipes, with clear explanations of techniques and processes, carefully selected to give a range of healthy, easily prepared meals within a reasonable budget. In addition to food preparation and cooking, this book has a chapter on living independently and covers areas such as laundry, changing plugs, unblocking drains, simple sewing and health and wellbeing. The author has been a Home Economics teacher for 36 years, teaching pupils from age 5-18 years, and her book draws on experience gained in the classroom, the recipes have been written in an easy-to-follow manner. It's hoped that readers will develop the confidence and skills for successful food preparation and cooking bringing them happy, healthy and independent living.

*The Rough Guide to Ireland (Travel Guide eBook)* Triumph Books

World-renowned 'tell it like it is' guidebook Discover Australia with this comprehensive, entertaining, 'tell it like it is' Rough Guide, packed with comprehensive practical information and our experts' honest and independent recommendations. Whether you plan to swim with whale sharks, explore the Atherton Tablelands or sail in the Whitsunday Islands, The Rough Guide to Australia will help you discover the best places to explore, sleep, eat, drink and shop along the way. Features of The Rough Guide to Australia: - Detailed regional coverage: provides in-depth practical information for each step of all kinds of trip, from intrepid off-the-beaten-track adventures, to chilled-out breaks in popular tourist areas. Regions covered include: Sydney and around, New South Wales and the ACT, Coastal Queensland, Outback Queensland, Northern Territory, Western Australia, South Australia, Melbourne and around, Victoria, and Tasmania. - Honest independent reviews: written with Rough Guides' trademark blend of humour, honesty and expertise, and recommendations you can truly trust, our writers will help you get the most from your trip to Australia. - Meticulous mapping: always full-colour, with clearly numbered, colour-

coded keys. Find your way around Sydney, Melbourne and many more locations without needing to get online. - Fabulous full-colour photography: features a richness of inspirational colour photography, including the captivating, rugged peaks of the Flinders Ranges and the stunning blue waters (and whale sharks!) of Ningaloo Marine Park. - Things not to miss: Rough Guides' rundown of Sydney, Brisbane, Perth and Adelaide's best sights and top experiences. - Itineraries: carefully planned routes will help you organise your trip, and inspire and inform your on-the-road experiences. - Basics section: packed with essential pre-departure information including getting there, getting around, accommodation, food and drink, health, the media, festivals, sports and outdoor activities, culture and etiquette, shopping and more. - Background information: comprehensive Contexts chapter provides fascinating insights into Australia, with coverage of history, religion, ethnic groups, environment, wildlife and books, plus a handy language section and glossary. - Covers: Sydney and around, New South Wales and the ACT, Coastal Queensland, Outback Queensland, Northern Territory, Western Australia, South Australia, Melbourne and around, Victoria, and Tasmania. About Rough Guides: Rough Guides have been inspiring travellers for over 35 years, with over 30 million copies sold globally. Synonymous with practical travel tips, quality writing and a trustworthy 'tell it like it is' ethos, the Rough Guides list includes more than 260 travel guides to 120+ destinations, gift-books and phrasebooks.

**Madden** Simon and Schuster

Ireland packs many delights into its compact size and its main attractions - from the Wild Atlantic Way to its pubs and craic and numerous places of interest - are only the beginning. Be inspired to visit by the new edition of Insight Guide Ireland, a comprehensive full-colour guide to both the Republic and Northern Ireland. Inside Insight Guide Ireland: A fully-overhauled major new edition by our expert Irish author. Stunning, specially-commissioned photography that brings this fascinating country and its people to life. Highlights of the country's top attractions, including the art treasures of the Rijksmuseum and the picture-perfect small towns of Edam and Delft. Descriptive region-by-region accounts cover the whole country from the perennial favourite of Amsterdam to the sandy beaches in the country's north. Detailed, high-quality maps throughout will help you get around and travel tips give you all the essential information for planning a memorable trip. About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-colour print guide books and maps as well as picture-packed eBooks to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure. 'Insight Guides has spawned many imitators but is still the best of its type.' - Wanderlust Magazine

[API Security in Action](#) Apa Publications (UK) Limited

De La Salle High School in Concord, California, is home to perhaps the greatest dynasty in sports history. At age 23, Coach Bob Ladouceur launched a legend, "The Streak," with no teaching or head-coaching experience, and with his teams amassed the highest winning percentage in all of football history with 138 consecutive victories. This book takes readers behind the scenes, closely following individual players, as Ladouceur guides his team through the most daunting schedule in school history, the 2002 season. Numerous interviews with major-league coaches such as Bill Walsh, Steve Mariucci, and John Gruden show the depth of respect accorded to Ladouceur and his methods and philosophies. Written with full cooperation from the coach and including dozens of photographs, this book is perfect for anyone interested in the factors behind phenomenal team success.